

For all those seeking help for NC3

Nursing Concept 3 Test Tips--This is the main subject of the question (before the hyphen) followed by the correct answer (after the hyphen). Sorry we don't have the complete question or the incorrect answers.

1. Prolapsed cord - bed rest and not push etc.
2. Amniotomy - increase in risk of infection
3. Women anemic in pregnancy - is related to increase in plasma volume
4. Woman squatting (or wants to squat) during labor - discuss pro/con about the position
5. Fetal distress according to FHR monitor, what to do next - take vital signs of mother
6. What does reactive nonstress mean?
7. Spontaneous abortion - baby had all parts red skin/lanugo etc what stage? - 4-5mos or 18-20 weeks
8. Amniocentesis - find out about the Rh factor first
9. Men over age 50 - check PSA levels
10. Impotence in elderly men - due to vascular problems
11. Pt. Complains can't hear - check cerumen impaction first
12. Otitis media - 2 questions (read section in book)
13. Weber test for conductive hearing loss - Pt. Hears better in affected ear
14. Glucoma - medications to decrease intraocular pressure
15. Glucoma - first signs start seeing black spots in vision
16. Warm compress on eye when - Irisitis
17. Ocular implant what happens after surgery - blurry
18. Know about conjunctivitis
19. One question about cataracts
20. What happens to hearing with aging - hair cells in coclea degenerate
21. What is the highest risk of teenage pregnancy - low birth weight
22. Native American man depressed after hospitalization what is

he experiencing - spiritual distress due to disharmony

23. Ethnicity is - common heritage

24. Mexican curandero traditionally - took care of the Pt. And all if the signs of illness

25. What statement tells that Pt. Has correct understanding of advanced directives - do not want CPR or ventilation if in distress, need a written document

26. Male surgical procedure unilateral removal of testes - can still have children

27. Trajectory of chronic illness. Pt. 7 year old condition exacerbated IV etc., which phase - acute

28. G-tube protocol - fowler's position

29. Elderly taking many prescription drugs - can lead to drug toxicity

30. Pt. Not following plan - reassess and revise plan

31. Which one is a realistic plan of rehabilitation??

32. Testicular self exam - once a month after warm shower

33. Older people don't complain about pain - stoic

34. Gingko consumption by Pt - let Dr. know about consumption

35. Massage - gate theory blocks small nerve transmission of pain

36. TENS - gate theory, large nerve

37. NSAIDS main side effect - GI upset

38. Pt with diabetes is hyperglycemic, says that Puerto Rican and cannot follow guidelines - make a diet plan that is culture/food consumed sensitive centered around Pt

39. Endometriosis what happens? Inflammation of the pelvic cavity ?? isn't that PID

40. Gonococcal infection may result in ectopic pregnancy - due to fallopian tube obstruction

41. Chylmadia infection - watch for respiratory function (pneumonia)

42. Benign prostatic hypertrophy- signs urine retention and small stream

43. Pre-eclampsia - BETAMETHASONE + magnesium sulfate - betamethasone is to make sure lungs mature, outcome that confirms that - Respiratory rate infant - 50/min

44. Kegel exercises successful - no more dribbling
45. Native American best option - Walk-in clinic
46. African American hereditary condition - sickle cell anemia
47. African American common to have - hypertension
48. 4 yr old boy central venous line sent home what is priority - asepsis
49. Which immunization 6 wk baby - Hep B
50. People who are present oriented - tell them to take pill upon waking and going to bed
51. Home health know that family dealing well - if tell about support network
52. Society of Healthy children ?? -- medical conditions
53. Pt with TB not taking meds - emphasize importance of following treatment regimen
54. Homeless - important to emphasize health care services
55. Newborn - sponge bath until umbilicus off
56. What is morbidity ... define with example
57. Epidemic - one suicide triggers multiple suicides as a result
58. Healthy People 2000 - what are 3 goals
59. Healthy People 2000 - which goal is 4 yr old boy treated for debilitating disease - increase span of healthy life
60. Tertiary prevention - treat disease
61. Primary protection - immunization and family planning
62. Drug compliance Pt. Not taking - give reason for following directions
63. Lead poisoning levels in blood (safe levels)?
64. Lead poisoning - highest risk how could you see the extent of problem. Families in houses built before 1960
65. Pt does not speak English, is anxious and agitated - improve communication with help of translation
66. Vit K to newborns -- to help CLOT so not hemorrhage
67. Who believes imbalance causes disease -- yin-yang, asian Americans

68. Cultural competent - nurse asks significance of amulet
69. Cultural competent - respect cultural differences
70. Woman says that husband will make health decision - patriarchal
71. salicylic acid associated with hearing loss (aspirin)
72. Lasik also associated with hearing loss (fluid decreases in labrinth and coclea)
73. Folic acid good sources - asparagus (green veggies)
74. Question Pt about sexual history, What ask first - General health first/conditions
75. Rape patient - acknowledge fears - provide emotional support
76. Breast self exam - also check around axilla
77. IUD better for multipara women not ones that haven't ever had children
78. Post partum 5 hrs, heavy locia rubra, 1 pad / 30 min - notify doctor
79. Post partum still bleeding 14 hrs - placental portion may have remained in uterus
80. Breast engorgment - use breast pump
81. ERT estrogen replacement therapy - increases risk of breast cancer
82. Enlarged prostate/prostitis, painful ejaculation - 2-3 questions
83. NSAIDS given with opiates - decreases the need for opiates
84. oral contraceptives contraindicated in Pts with - hypertension
85. Oral contraceptives + antibiotic - use 2nd method of contraception while taking antibiotics
86. 2-3 questions on vasectomy - what recommended - use condom for 1 year
87. Vasectomy - use ice pack after surgery
88. Pain, successful family teaching - keeping pain diary
89. episiotomy, Pt complaining of pain - Priority is inspect area
90. Episiotomy infected - inflammation persists after 48 hrs

91. Pt in pain even after pain meds - focus attention of Pt on breathing techniques
92. Pain more at night why - more distraction activities during day
93. Chronic pain - give medication at regular intervals/schedule
94. Child facial expression show pain FACES - at what age does this occur and can tell pain? -- 1-2 yrs or 3-5 yrs, I'm not sure
95. Evidence of reduction in pain - Pt's account
96. Intractable pain cannot be treated
97. acute vs chronic pain - duration
98. Endorphins - reduce perception of pain
99. Newborn with respiratory problems - how position
100. Circumcision neonate, NOT to do - wash with soap and water after each voiding
101. Cord care - 70% alcohol each time change diaper
102. Mother 8cm dilated asks for pain med, why not good idea - may slow contractions
103. Baby left outside hospital, rectal temp 97 degrees. Blood glucose 46, what takes priority - blood glucose
104. What may need further attention in newborn - body circumference larger than head
105. If baby no sucking, rooting, or swallowing reflex - Tell Dr.